



**uniting
church**
Orange

invites you to...

Soul Connections

The group will be centred on spiritual practices that intend to be nourishing for our inner journey.

If you have a desire to connect more to your inner world, your faith practice and seek a closer relationship with God, then please come along.

All are welcome.

Please get in touch for more information.

Where: Orange Uniting Church
When: Fridays from 5.30pm—6.30pm
Beginning on the 7th August 2020



Please contact the office to let us know if you hope to attend so that we can plan for appropriate social distancing measures.

Numbers will be limited as a result.

Be Still and Know that I am God

Psalms 46: 10

Pastor Kate Thornley writes, *'The spiritual journey is not always an easy one in that we need connections to help us in our journey, so that we can discern our life callings. For us as Christians this seeking leads to us seeking relationship with not only ourselves but also with the Divine.*

Soul Connections is going to hold us in a safe space that facilitates spiritual practices that allow us to slow down, pause, reflect and gain a sense of God in our lives. And in the slowing down and Being Still, we will be able to notice what is truly important in our lives.

By pausing with contemplative prayer, meditation and other spiritual exercises we are then able to develop and nourish a greater relationship with our God and in that gain a greater relationship with our true selves or our souls.

By intentionally pausing in our week and Being Still, we will allow our true selves to emerge into this journey we call life and thus be able to live more fully, in this mystery of life.'

Orange Uniting Church

217 Anson Street,
Orange NSW 2800

T: (02) 6362 5788

E: orange@nswact.uca.org.au

W: orange.uca.org.au